Thursday, November 2nd Jazz Night Happy Hour Friday, November 3rd Live Music by Sciatica Beach Saturday, November 4th Member Car Show Sunday, November 5th Jaguar Game Tailgate Thursday, November 9th Happy Hour in Dining Room Tween Gratitude Abounds Friday, November 10th Kids' Camp Drive-In Movie Live Music by Jaime Santana Fri-Sat, November 10th-11th Member/Member Tennis Tournament Saturday, November 11th Ryder Cup Team Event Sunday, November 12th Sunday Brunch Tuesday, November 14th LGA "Kyle Day" Adult Gratitude Abounds Wednesday, November 15th Family Night Petting Zoo Thursday, November 16th Acoustic Night Happy Hour Friday, November 17th Vintners Club Open Mic Saturday, November 18th Parent-Child Golf Tournament Etiquette Dinner Young Executive Social Monday, November 20th Kids' Camp Tuesday, November 21st Penny Putt Tournament Kids' Camp Wednesday, November 22nd Kids' Camp Thursday, November 23rd Thanksgiving Buffet Friday, November 24th Kids' Camp **Backyard Bonfire** Live Music by Darren Corlew Saturday, November 25th Final Lottery Tuesday, November 28th Coffee Break Social Wednesday, November 29th White Tablecloth Dining Thursday, November 30th Member Holiday Party Lunch Buffet Each Wednesday Ladies Open Play Tuesdays Men's Open Play Wed / Fridays 9-Hole Open Play Thursdays Men's Lottery Golf Saturdays

Tacksonville

Membership News and Happenings



Congratulations to our 2017 Men's Member-Guest Champions Wayne Flynn and Randy Neumayer, and Runners-Up Mike Brooks and Chris Hughes.



WWW.JAXGCC.COM

MANAGEMENT TEAM Paul Craven | *493-3113* General Manager Adam Abbott | 493-3135 Clubhouse Manager **Ray Barr** | 493-3125 Head Golf Professional Laura Bowman | 493-3111 Membership Director **Mick Childers** | *493-3118* **Director of Facilities** Sarah Groh | 223-9400 Youth & Aquatics Director Clarece Johnson | 493-3112 Spa/Fitness Manager Nate Maurer | 223-6073 **Golf Course Superintendent** Carrie Mengerink 493-3115 **Director of Catering Sales Jackie Pawlick** | 493-3116 Human Resources Director **Mike Ramsey** | 493-3146 **Executive Chef Kim Shepherd** | *493-3139* **Chief Financial Officer** Colleen Vastola | 493-3129 Asst. Controller, Accounts Receivable **Mark Worsham** |493-3137 Interim Tennis Director

BOARD OF GOVERNORS

Rich Shafer, President Strategic Planning **Bob Shryock, Vice President** Property and Building Maintenance Allison Carbonneau, Secretary Membership **Rob Schleiter, Treasurer** Finance Vince Apicella Golf **Gary Bethel** Fitness, Human Resources **Susan Dienes** Tennis **Rick Foster** Greens **David Perkins** House and Adult Social

Nove			and the			
20	mber					
20						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturda
Si n	lember Holi	day Party from 6-9pm season together	1 Men's Open Play CLUB UINCH BUFFFT	2 9-Hole Open Play	3 _{Men's Open Play} Adult Bar Closed For Dinner	4 Lottery Golf Story Hour in the Kids' Clubhouse 9-10am
V KO GOO V	November 30 th Let's celebrate the with friends, family Light Piano music a	y, and neighbors.	<u>LUNCH BUFFET</u>	^{\$} 5 SMALL PLATES & <u>LIVE JAZZ</u> WITH Gabriel Arnold From 5:80-7:80pm	CHEF SPECIALS WITH LIVE ENTERTAINMENT FEATURING Sciatica Beach 7-10pm	Member Car Show and Food Truck 8:30-10:30an
	Light Plano music a hor d'oei Call 223-5555 fo	uvres. vr reservatíons.	Karate at 4:15 & 5pm		,	
5 JAGUAR TAILGATE	6	7 Ladies Open Play	8 Men's Open Play	9 9-Hole Open Play	10 Men's Open Play Adult Bar Closed For Dinner	11 Lottery Golf Entire Upper Clubhou: Closes at 3pm
AT THE STADIUM	UPPER CLUBHOUSE & GOLF COURSE CLOSED	Adult Bar Closed For Lunch	CLUB <u>LUNCH BUFFET</u>	Adult Bar Closed For Lunch \$5 SMALL PLATES &	<u>MEMBER/MEMBER TE</u>	NNIS TOURNAMEN
10:30AM- 12:30PM	PRIVATE GOLF OUTING	For Lunch	Adult Bar Closed For Dinner	^{\$} 5 SMALL PLATES & <u>HAPPY HOUR</u> IN THE <u>DINING ROOM</u>	CHEF SPECIALS WITH LIVE ENTERTAINMENT FEATURING Jaime Jantana 7-10pm	Story Hour in the Kids' Clubhouse 9-10am
			Karate at 4:15 & 5µm	Tween Gratitude Social 5-7pm	-Kids' Day Camp~ From 9am-5pm Drive-In Movie 6-8pm	Ryder Cup Event
12	13	14 Ladies Open Play	15 _{Men's Open Play}	16 9-Hole Open Play	17 Men's Open Play	18 Lottery Golf
Sunday	UPPER CLUBHOUSE & GOLF COURSE CLOSED	LGA "Kyle Day"	CLUB <u>LUNCH BUFFET</u> Adult Bar Closed		Adult Bar Closed For Dinner	Story Hour in the Kids' Clubhouse 9-10am
Brunch 9:00am-1:00pm	PRIVATE GOLF OUTING	Odult	Adult Bar Closed For Dinner Karate at 4:15 & 5pm	^{\$5} SMALL PLATES & <u>LIVE ACOUSTIC</u> <u>MUSIC WITH</u> <i>Aaron Mansfield</i>	CHEF SPECIALS WITH LIVE ENTERTAINMENT Open Mic Night 8-11pm	Parent-Child Golf Tournament Young Executive
		Gratitude Social	Family Night Petting Zoo 5:30-7:00pm	From 5:80-7:80pm	VINTNERS CLUB	Cornhole Social 3-5pm
		6-8pm	🐑 🔔		7PM	Etiquette Dinn ^{6-8pm}
19	20 UPPER CLUBHOUSE		22 Men's Open Play	23 Double Tee Morning Tee Times 223-6910	24 CHEE SPECIALS WITH	25 Final Lottery Golf
	UPPER CLUBHOUSE & GOLF COURSE CLOSED	Adult Bar Closed For Lunch	CLUB	limes 223-6910	UTIEF OF LUITILO	C-1F
	CLOSED	Ladies Open Play	LUNCH BUFFET		CHEF SPECIALS WITH LIVE ENTERTAINMENT FEATURING Darren Corlew- 7-10bm	Story Hour in the
			<u>lunch buffet</u> ~Kids' Day Camp~	Thanksgiving Buffet	~Kids' Day Camp~	Story Hour in the Kids' Clubhouse 9-10am
	~Kids' Day Camp~ From 9am-5pm	Ladies Open Play Penny Putt	LUNCH BUFFET		Darren Soriew 7-10pm	Story Hour in the Kids' Clubhouse
26	~Kids' Day Camp~ From 9am-5pm 27	Ladies Open Play Penny Putt Tournament ~Kids' Day Camp~ From 9am-5pm 28	LUNCH BUFFET ~Kids' Day Camp~ From 9am-5pm Rarate at 4:15 & 5pm 29	Thanksgiving Buffet 11:00am-2:00pm	Sarren Corrector -Kids' Day Camp~ From 9an-5pm Backyard Bonfire 6:00pm Sarre the date	Story Hour in the Kids' Clubhouse 9-10am
26	~Kids' Day Camp~ From 9am-5pm	Ladies Open Play Penny Putt Tournament ~Kids' Day Camp~ From 9am-5pm 28 Ladies Open Play	LUNCH BUFFET ~Kids' Day Camp~ From 9am-5pm Rarate at 4:15 & 5pm 29 Men's Open Play CLUB	Thankagiving Buffet 11:00am-2:00pm	 Kids' Day Gamp~ From Sam-Spm Backyard Bonfire 6:00pm Save the date PHOTOBOOTH 	Story Hour in th Kids' Clubhouse 9-10am
26	~Kids' Day Camp~ From 9am-5pm 27	Ladies Open Play Penny Putt Tournament ~Kids' Day Camp~ From 9am-5pm 28 Ladies Open Play Complimentary Coffee Break Social	LUNCH BUFFET ~Kids' Day Gamp~ From 9am-5pm Karate at 4:15 & 5pm 29 Men's Open Play	Thanksgiving Buffet 11:00am-2:00pm	 Surren Corrector Kids' Day Camp~ From 9am-5pm Backyard Bonfire 6:00pm Save the date PHOTOBOOTH DINNER 	Story Hour in th Kids' Clubhouse 9-10am
26	~Kids' Day Camp~ From 9am-5pm 27	Ladies Open Play Penny Putt Tournament ~Kids' Day Camp~ From 9am-5pm 28 Ladies Open Play Complimentary	LUNCH BUFFET ~Kids' Day Camp~ From 9am-5pm Rarate at 4:15 & 5pm 29 Men's Open Play CLUB	Thanksgiving Buffet 11:00am-2:00pm Starksgiving 30 9-Hole Open Play MEMBER HOLIDAY	 Starren Contents Kids' Day Camp~ From Sam-Spm Backyard Bonfire 6:00pm Save the date PHOTOBOOTH DINNER FUN New Yor LAS V 	Story Hour in th Kids' Clubhouse 9-10am CASINO GAMES CASINO GAMES CASINO GAMES CASINO GAMES
26	~Kids' Day Camp~ From 9am-5pm 27	Ladies Open Play Penny Putt Tournament ~Kids' Day Camp~ Prom 9am-5pm 28 Ladies Open Play Complimentary Coffee Break Social for Retirees	LUNCH BUFFET ~Kids' Day Camp~ From 9am-5pm Karate at 4:15 & 5pm 29 Men's Open Play CLUB LUNCH BUFFET	Thanksgiving Buffet 11:00am-2:00pm Stanksgiving 30 9-Hole Open Play MEMBER HOLIDAY PARTY	Surve 1 Corrector ~Kids' Day Camp~ Prom 9an-5pm Backyard Bonfire 6:00pm Save the date PHOTOBOOTH DINNER FUN New Yor LAS V Sunday, Decemi	CASINO GAMES





HOURS OF OPERATION

CLUB ADMINISTRATION 223-5555 Mon-Fri: 9am-5pm

CASUAL DINING ROOM 493-3124

Mon: Closed Tues-Thurs: 11:30am-10pm (Food service until 9pm) Fri: 11:30am– 11pm (food service until 10pm) Sat-Sun: 11:30am-8pm

ADULT BAR (Mulligans) 493-3141 Mon: Closed Tues: 11:30am-2pm Wed-Thurs: 11:30am-9pm Fri: 11:30am-10pm (food service until 10pm) Sat-Sun: 11:30am-2pm

THE DOWN UNDER 493-3144 Mon & Tues: Closed Wed-Sun: 7am-3pm

GOLF PRO SHOP 223-6910 **Tues-Sun:** 7am-5:30pm

TENNIS PRO SHOP 223-3737 Mon: Closed Tues-Fri: 8:30am-7pm (closed each day from 1-3pm) Sat: 8:30am-5pm Sun: 12pm-5pm

> FITNESS CENTER 223-9020 Mon-Fri: 5am-9:30pm Sat: 6am-7pm Sun: 6am-7pm

KIDS' CLUBHOUSE 493-3119 223-9400 (reservations) Mon-Sat: 8:30am-1pm Tues-Thurs: 5:30-8:30pm Fri: 6-10pm Sun: Closed

POOL | 223-9400 Open daily: Dawn-Dusk

SNACK BAR | 493-3149 Closed for season Call 493-3155 for any food and beverage needs.

Notes from the Pro: Ray Barn

Annual GOLF CHRISTMAS SALE Kickoff Thursday, December 7th from 4:30-7:00 PM Kick off your Christmas shopping by stopping by the Golf Shop for all of your golf and apparel needs. As you may have seen in the golf shop, we have a full complement of men's and ladies apparel, new lines of FJ and Puma shoes, all available at great values with our pricing philosophy. We will also have many opportunities with closeouts and even a few giveaways! Come by, roll the dice, and take advantage of this Annual Kickoff Sale to fill your stockings. We also have free gift wrapping during the sale.

SPEND YOUR SWEEPS MONEY by Sunday, December 31st

Note: any sweeps earned after December 1st may be carried over to 2018. If anyone needs to place a custom or special order, notify the golf shop staff so that they may reserve those sweeps to cover the purchase.

JGCC is hosting two private golf outings in November:

St. Michael's Soldiers Monday, November 6th, at 12:00pm and Bishop Kenny School Monday, November 14th, at 11:00am.

Thanksgiving Weekend November 23rd-26th, Thursday-Sunday, is the long Thanksgiving weekend. Thanksgiving Day the golf shop will offer 8:00–9:45am tee times on both #1 and #10 tees, along with a **Turkey "Points" Hunt!** Sign up Thanksgiving Day for a **2-Person Blind Draw Points Game, \$10 entry fee per person.** There will be no organized play days the rest of the weekend in our efforts to accommodate more members playing golf with their families. Friday-Sunday, members may entertain 1 day-guest per full or golf member (immediate family members are not limited) in the AM times, Holiday rates will apply. Note: Members may entertain multiple day guests on a space available basis and may be booked after 12:00pm 2 days prior. Double tee starts will apply Friday–Sunday with times available 8:00–9:45am and 12:15–2:00pm. Golf Operations will close at 2:00pm on Thursday in order to allow our members and staff to celebrate with their families. Happy Thanksgiving to all as we share a very special time with our respective families!

HANDICAP COMMITTEE UPDATE

To all Members, our 2017 competition season is nearing an end. In preparation of 2018, all members intending to play in Club Events, MGA or LGA golf tournaments are required to keep a current handicap record and return a signed copy of the Handicap Compliance document by January 1st to remain eligible for competition. Go to the website and download the document or stop by the Golf Shop. The mission statement of the Handicap Committee, "Every Golfer Wants to Enjoy a Fair Match" continues by educating our membership, peer review of golfers registering to play and posting all rounds immediately after play. Members are encouraged to contact your current HCP Committee Members or the Golf Professionals with any questions: Skip Lunsford (Chair), Mike Fredrick, Kathy Danberg, Wib Finch,

Bill McTiernan and Pro Ray Barr.

Junion Golf Update

Saturday, October 14th, our Junior League Team played at Amelia River GC and came away with a victory score of $7 \frac{1}{2} - 4 \frac{1}{2}$. Our Fall Team is now 1-1 for the first two matches.

Congratulations to the players that traveled from the team: Luke and Madison Balaskiewicz, Sam Wannemacher, Julia Hanley, Sarah Thomas, Garrett Slattery, Chase and Travis Miller, Katie Fiscor, James Birr, and Grayson Merrill.



Junior After School Clinics and practice for our Fall PGA Junior League continue, weather permitting, throughout the fall and winter. The clinics will start at 4:00pm for one hour each Wednesday through March. Call the day of each clinic offering and sign up your juniors to participate. The fee for those not in our Junior League is \$20 per session.

Golfing Achievements

HOLES-IN-ONE:

10/6 Harold Booker made the 2nd Ace of his long golf career on the toughest hole at JGCC, #17. His shot of 141 yards came after a hard 8-iron landed on the edge of the green and rolled in! Congratulations on the "1".

10/12 Kathy Danberg can be considered a good traveling golfer after her latest feat. She played Windy Harbor at Mayport Navy Base and holed out her tee shot on Hole #14. Arguably one of the most difficult Par 3 holes, Kathy holed a 20-degree Hybrid from 130 yards for a "1". Congratulations on a really great shot!!

10/13 Walker Allen is a former member and played as a guest with Vince Apicella in the 2017 Member-Guest. He accomplished the ultimate feat of making an Ace on the correct hole. He holed a 6-iron from 170 yards on Hole #17 during the 2nd day of competition to win a 33-month lease on a 2018 Jaguar XE sponsored by Fields Auto Group! This was the first time in the Member-Guest history the main hole-n-one prize was won! The hole was witnessed by Vince Apicella, Tom Gibson & Dunbar Harrison, Congratulations to Walker.

EAGLES:

10/6 Tom Gonwa recorded a very nice Eagle "3" on the long 14th Hole this day. His approach, a bit further from the hole than he would normally like, was holed using a 6-iron from 138 vards. Congratulations on a well-played hole!

LGA Updates



Upcoming Events

11/4-5 Annual Men's & Ladies Club Championships: This event is open to all full and golf members. Sign-up sheets are in the Golf Shop. Tee times will start on Hole #1 each day beginning at 8:00am. Players with single digit handicaps may choose to designate Championship Division, all others will play for Gross & Net awards. Note: Men's Champ Division plays Black Tees, all others play Gold.

11/11 MGA North versus South Ryder Cup Team Event: The event is a NEW format designed to have 2 teams compete for the WIN. Teams will be determined by the golfers' Home State of Birth. There will be: \$10,000 HIO prize, Ultimate Shootout contest, proxies on all Par 3 holes, team prizes, team skins, food and beverage, keg beer and much more! Deadline to register is *Thursday, November 9th*, by 12:00pm or call 223-6910 to enter.

11/14 LGA "Kyle Day": Ladies have the opportunity to play with Kyle this day as he will surely make up a fun format and event for all to enjoy. Sign up in the Golf Shop for this day and support your LGA!

11/18 16th Annual Parent-Child Golf Tournament: All parent/grandparent and child combinations are encouraged to participate in a fun day of golf. Early afternoon tee times and a 9-Hole Points Competition will determine our 2017 Champions. There will be a variety of divisions tailored to play with multiple teams if you have more than one child. Parents and/or Grandparents are encouraged to play with your children/grandchildren. Sign up in the golf shop for more details!

11/25 is the Final Lottery date for the season. The last Lottery before the top 32 spots are decided for the Shootout on December 9^{th} . Sign up and get in one more round to improve your position and get into the top 32. Alternates for the Shootout will only be eligible in the event that a top 32 Member has resigned from the club or no longer is eligible by his membership category.

December Golf Save the Dates:

12/2 MGA Tournament

12/7 Golf Shop Annual Kickoff Christmas Sale 12/9 Lottery Shootout





Live Music Fluidays <u>Friday, November 3rd</u> Music by Sciatica Beach 7-10pm <u>Friday, November 10th</u> Jaime Santana 7-10pm <u>Friday, November 17th</u> Open Mic Night 8-11pm Vintners Club meets this night, too! <u>Friday, November 24th</u> Darren Corlew 7-10pm

Enjoy Chef's Specials for Dinner! Please call 223-5555 for reservations.

Vintnens Club

Friday, November 17th, at 7pm Join us in the Adult Bar for an evening of wine tasting and socializing. Contact Adam if you're interested in joining!



JAGUARS TAILGATE AT THE STADIUM!

SUNDAY, NOVEMBER 5TH 10:30AM-12:30PM LOCATION: LOT J

GAME DAY MENU INCLUDES GRILLED WINGS, CHILI DOGS, SIDES, COOKIES AND SODA \$ 15 PER CHILD; \$ 25 PER ADULT ALSO INCLUDES BLOODY MARYS, BEER AND WINE.

CALL 223-5555 TO RSVP.



Beens of the Month Wicked Barley Hopeless Romantic Belgian Ale \$3 all day everyday

> Miller Lite cans \$2.50 (Beverage Cart Only)

Wine of the Month Temptation Zinfandel \$8 glass, \$30 bottle

Cocktail of the Month Hurricane, \$7

Happy Hour Drink Specials Drink Specials from 4pm-6:30pm Every Tuesday-Friday



Member Holiday Party Thursday, November 30th, 6-9pm Let's celebrate the season! Please join us for complimentary hors d'oeuvres and a holiday gathering with fellow members and friends! Light Piano music from 6-8pm. Member charge bar available.

Sign up online or call 223-5555. (Seating is available on a first-come, first-served basis).





Lunch Buffet Each Wednesday 11:30am - 1:30pm Soups, Sandwiches, Salads \$10.95

White Tablecloth

Candlelight Dining Wednesday, November 29th Enjoy one Wednesday night a month of white tablecloth candlelight dinning, offering a more formal setting in the Adult Bar.

Sunday Brunch November 12th 9am-1pm

9am-1pm All of your breakfast favorites including fresh fruit, pastries, breakfast meats, home fires, biscuits and gravy, omelets and waffles made to order, oatmeal, grits and chef's other featured items! Call 223-5555 for reservations.



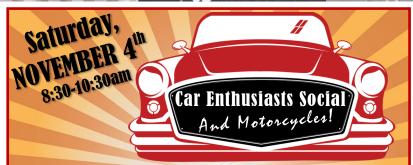
Club Closures

Friday, November 3rd-Adult Bar closed for dinner Tuesday, November 7th-Adult Bar closed for lunch Wednesday, November 8th-Adult Bar closed for dinner Thursday, November 9th-Adult Bar closed for lunch Friday, November 10th-Adult Bar closed for dinner Saturday, November 11th-Entire Upper Estate closes at 3pm Wednesday, November 15th-Adult Bar closed for dinner Friday, November 17th-Adult Bar closed for dinner Friday, November 17th-Adult Bar closed for dinner Closed for dinner (Vintners Club) Tuesday, November 21st- Adult Bar closed for lunch

Grand Thanksgiving Baffet

Thansday, November 23rd 11:00am to 2:00pm Adults: \$33.95, Ages 5-11: \$16.95, Ages 3-4: \$8.50 ** Please Note, the Clubhouse closes after the buffet on Thanksgiving Day** This year's menu will include An assortment of fall-inspired salads, a fresh fruit display, slow roasted beef prime rib, honey baked ham with a Dr. Pepper glaze, blackened redfish with chili-lime butter, roasted turkey with focaccia-herb dressing and fried turkey breast with combread dressing, fried chicken tenders, mac & cheese, roasted fall vegetables, garlic broccolini, mashed potatoes and gravy, sweet potato silk and a grand dessert display.

Please call 223-5555 for reservations.



Meet and mingle in the Club parking lot with beautiful cars and a good time! Coffee and pastries available on site for purchase from Knockbox Mobile Coffee Shop food truck. If you'd like to participate, all submissions must be sent to Laura at Lbowman@jaxgcc.com no later than October 31st with a picture and description.

Young Executive Cornhole Social Saturday, November 18th 3:00-5:00pm

\$15 per person which will include hors d'oeuvres, complimentary bragging rights for the winner, and other prizes!

Sign up online or by calling Laura at 493-3111.

(Open to all ages who are ready to toss some bags!)



<u>Thursday, November 2nd</u> JAZZ NIGHT, Gabriel Arnold (5:30-7:30pm)

<u>Thursday, November 9th</u> Adult Bar Closed, \$5 small plates in the Casual Dining Room

<u>Thursday, November 16th</u> Acoustic Night with Aaron Mansfield (5:30-7:30pm) Thursday, November 23rd Thanksgiving (Not open in the evening)

Thursday, November 30th Member Holiday Party, No Happy Hour/\$5 plates this evening

4th Annual Member/Member Tennis Tournament November 10th-11th



Choose your favorite member doubles partner and join us for this 2-day tournament. The divisions will be Men's B and C and Women's A, B, C and D. Friday night play begins at 5pm with light food. Saturday morning play begins at 8am and finishes that afternoon with boxed lunches. Cost is \$60 per member. Member charge bar will be available. Register in the tennis shop or Call 223-3737 for more details. Let Sarah know if you need childcarereservations are REQUIRED!

Farewell, Bill Gist!

Thank you to all of our members and friends who came out to celebrate Bill Gist's retirement party! It was a bittersweet celebration for all in attendance, recognizing Bill's amazing 27 years of service to JGCC. Bill started our Tennis program in 1989 from the ground up and has created an amazing tennis legacy for our Club and members. Bill, thank you for everything you have done for our Club and our Tennis Community! You will greatly be missed and we wish you the best! Don't be a stranger. With love from your friends and family at JGCC.





\$59 One Hour Deep Swedish Massage with Amy Kruzsewski \$80 Ninety Minute Facial & Swedish Massage Package with Amy Kruzsewski

\$60 One Hour European Facial with Amy Kruzsewski

Enjoy a full facial massage with lavender-infused grape seed oil, soothing cleanse with a gentle lemon exfoliating scrub, and organic pumpkin enzyme mask that promotes healthy cell growth. Concluding with an oil-free broad spectrum UVA/UVB sunscreen with an antioxidant rich base.

PLEASE CALL THE FITNESS DESK AT 223-9020 TO SCHEDULE YOUR APPOINTMENT TODAY!

Introducing Karla Rabanales. Our Newest Certified ZUMBA Instructor!



Karla will be teaching our 8:15am Monday and Friday Morning Zumba classes that start on November 3rd! Don't miss the opportunity to try our other Zumba classes that take place on Tuesdays at 10:15am, Wednesdays at 6:00pm, And Saturdays at 8:15am.

Classes are \$10 each, or members can sign up for UNLIMITED FITNESS CLASSES for \$97.50 for 3 MONTHS.

Thanksgiving Fitness Hours



Thursday, November 23rd 5:00am to 3:00pm

Friday, November 24th 5:00am-9:30pm

Thanksgiving Massage Special

"Say *Thanks* with the Gift of Massage" Vladimir Ryzhy will be offering a 90-minute Therapeutic Massage for \$120 for all returning students, family, and friends in town for the holiday weekend. Appointments for this specially priced massage are available from November 22nd thru 26th. Call the Fitness Desk at 223-9020 to book your holiday weekend spa appointment now.

Can't fit a massage into the weekend? We'll make out a Gift Certificate for you to use at a later date!

Fitness Grab N' Go Lunch Orders Convenient & Delicious! Choose from : Roasted Garlic Hummus, Chicken Quesadillas, Salads, Hunt Club Turkey Sandwiches, Buffalo Chicken Wraps, BLT Flatbreads, and Tuna

Lettuce Wraps!

Stop by the fitness desk to place your order! Now Available!



Congratulations, Audrey!



Audrey Maheu competed in The Ironman World Championship in Kona on the Big Island of Hawaii on October 14th. She was the first female finisher from the USA in her division and 12th among all competitors in the division. Audrey completed the 140.6 mile race in 10:50:17. The race started with a 2.4 mile ocean swim, followed by a 112 mile bike ride, and finished with a 26.2 mile run. Audrey is coached by Jacksonville Golf and Country Club fitness instructor Jimmy Javurek who traveled to the Big Island to help cheer on and support

Audrey all the way to the finish line.



Gratitude Abounds! A Social Event for Members and Guests Tuesday, November 14th, 6:00-8:00pm

\$20 per person including complimentary hors d'oeuvres With Fall in the air and Thanksgiving around the corner, GRATITUDE abounds! Whether you have a practice of gratitude already, or are curious about the topic, join us for a night of discovery and sharing among friends and neighbors. In this guided discussion, we will explore what gratitude means to you, discover how that may be similar or different than what it means to someone else, share what you are grateful for and learn tips for developing your own gratitude practice.

With the recent hurricanes, floods, mass shootings, today's political climate and the holidays approaching, there is a lot of stress in our everyday lives. Let's spend a night focusing on the positive! **Come with your spouse, come with a friend, or come by yourself and meet your neighbors.**

One of our own JGCC members and residents, Diane Liewehr, will facilitate this night of thoughtful and fun discussion. You might surprise yourself with a new attitude on gratitude! Contact Laura Bowman to register at 493-3111 or at lbowman@jaxgcc.com.



223-9400.

Backyard Bonfire

Friday, November 24th, at 6:00PM

Join us on the back lawn for cocktails and conversation around the firepit with friends and neighbors.

> Sign up online or by calling 223-5555.











Golf Tournament Results!

<u>2017 Ladies' Senior</u> Club Championship

Overall Champion Susie Fonde 2nd Place-Debbie Caruso

Ladies' Open Flight 1st Place-Caryn Kasik 2nd Place-Adrienne Whitman

Ladies Super Senior Flight 1st Place-Betty White 2nd Place-Joan Harris

2017 Men's Senior Club Championship

Overall Champion John Lobb 2nd Place-Rick Foster

Senior Open Flight 1 Gross 1st Place-Jeff Englehard 2nd Place-Ian Whitfield Net 1st Place-Randy Stroupe 2nd Place-Grant Keppel Senior Open Flight 2 Gross 1st Place-Bill Devine 2nd Place-Gary Spurgeon Net 1st Place-David Anderson 2nd Place-David Adams

Super Senior Flight Gross 1st Place-Leigh Livesay 2nd Place-Gary Brewer Sr. Net 1st Place-Rod Fullerton 2nd Place-Ron Davidson

2017 Men's Member-Guest: Flight Winners

Our 2017 Member-Guest Champions: Wayne Flynn and Randy Neumayer! They have participated together for nearly 20 years and finally reached the Pinnacle of Achievement in this tournament with a WIN! Congratulations to our Runners-Up: Mike Brooks and Chris Hughes.

Flight 1:

Winners: David Jeans and Christopher Lambert Runner-ups: David Martin and Spencer Baldwin

Flight 2:

Winners: Mario Yaccino and Zach Rogers Runner-ups: Rick Foster and Kim Foster

Flight 3:

Winners: David Patterson and Steven Hodgett Runner-ups: Ian Kincaid and Jay Shea

Flight 4:

Winners: Mike Mazonkey and Ryan Mustio Runner-ups: Grant Keppel and Jerome Davis

Flight 5:

Winners: Mike Brooks and Chris Hughes Runner-ups: Ray Bengermino and Danny Payne Flight 6:

Winner: Justin Deaton and Brian Kiekover Runner-ups: Vince Apicella and Walker Allen

Flight 7:

Winners: Rob Rice and Joel Rice Runner-ups: Butch Berry and Jeff Moody

Flight 8:

Winners: Jason McKinney and Chris Cabri Runner-ups: Carlos Wilcox and Josh Johnson

Flight 9:

Winners: Rich Shafer and Brendan Simms Runner-ups: Jesse Dreicer and Mark Chandler

Flight 10:

Winners: Dom Annunziata and Chris Annunziata Runner-ups: Hal Miller and Warren Miller

Flight 11:

Winners: Wayne Flynn and Randy Neumayer Runner-ups: David Anderson and Craig Cox

Flight 12:

Winners: Don Cameron and Marc Joseph Runner-ups: Dave O'Farrell and Ray O'Farrell