Established 1989

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GOLF & COUNTRY CLUB

Sun May 1 Slice for Life Mixed Doubles Tennis Tournament Mon May 2 Private Golf Outing Kids' Day Camp Swim Team Practices Start Tues May 3 Ladies Night: Derby Hat Making Thurs May 5 Cinco De Mayo Buffet Tennis Cinco De Mayo Mixer Cinco De Mayo Kids' Quesadilla Party Fri May 6 Private Golf Outing Chef's Specials & Live Music by TBD Sat May 7 Kentucky Derby Party Sun May 8 Mother's Day Brunch Upper Estate Closed after Brunch Mon May 9 TPC Week (through May 15) Fri May 13 Chef's Specials & Live Music by Sam Sanders Duo Sat May 14 Spa Special with Kim Tullis Mon May 16 Golf Course Closed for Aerification (through May 23) Tues May 17 Travel Round Table: Antarctica & African Islands Wed May 18 Pre-Season Swim Team Party & Auction Fri Mav 20 Chef's Specials & Open Mic Night Vintners Club Firehouse Subs Tennis Tournament (through May 22) Sat May 21 Firehouse Subs Family Fun Day Tues May 24 LGA Closing Day Kids' Art Night Thurs May 26 9-Hole Closing Day Ladies E-3 Kickoff Fri May 27 Movie at the Pool: Star Wars the Force Awakens Chef's Specials & Live Music by Jaime Santana Mon Mon 30 Memorial Day Pool Party & Cookout 11:30am-3pm Golf Tee Times 8-9:48am & 12:15-1:30pm Golf Shop Open until 3pm/Driving Range Open until 6pm Down Under Open 7am-3pm Upper Estate Closed after Party Beverage Service at Pool until 5pm/Food Service until 2pm Tennis Shop and Kids' Clubhouse Closed Fitness Center Open 6am-4pm Tues May 31 Upper Estate, Down Under, & Snack Bar Closed Golf Course & Shop Closed Tennis Shop Open 8:30am-7pm (Closed from 1-3pm) Fitness Center Open 5am-9:30pm Kids' Clubhouse Open 8:30am-1pm & 5:30-8:30pm Tuesday Night Entrée Special every Tuesday Golf Gunfight every Sunday Men's Lottery Golf (7th & 28th)

Men's E-9 every Wednesday (except 18th) Men's Open Play each Wednesday/Friday White Tablecloth each Wednesday

Member Appreciation Thursdays Extended Happy Hour Tuesday-Thursday



Membership News and Happenings MAY 2016



View more photos from Club events on page 10 and the photo gallery on our website.

-Welcome New Members! -

Mark and Lauren Baughman Ezekiel (8) & Malachi (6)

James and Maura Casey

David and Juanita Chaney

Michael and Regina Courtney Kamryn (9)

John and Stacey Donovan John Patrick (9), Catherine Nina (8) & Shea Sophia (5)

> Damon and Nina Fleming Gavin (9) & Ashton (6)

Benton and Megan Peel Christian (10) & Adriana (4)

John Miller and Marica Pendjer

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MANAGEMENT TEAM

Paul Craven General Manager

Adam Abbott Clubhouse Manager

Ray Barr Head Golf Professional

Sarah Bordwell Youth & Aquatics Director

Laura Bowman Membership Director

Mick Childers Director of Facility Maintenance

Bill Gist Director of Tennis

Clarece Johnson Spa/Fitness Manager

Carrie Mengerink Director of Catering Sales

Tina Nardi Accounts Receivable

Jackie Pawlick Human Resources Director

Mike Ramsey Executive Chef

Kim Shepherd Chief Financial Officer

Greg Tharp Golf Course Superintendent

Mark Worsham Head Tennis Professional

BOARD OF GOVERNORS

Rich Shafer, President Strategic Planning/Marketing & Comm.

Rodney Mathis, Vice President Human Resources/Golf

Rob Schleiter, Treasurer Finance

Joby Birr, Secretary Fitness/Bylaws

Allison Carbonneau Aquatics & Youth

Susan Dienes Membership/Tennis

Bill Gesdorf Greens

David Perkins House & Adult Social

Bob Shryock Property & Bldg. Maintenance

From the Desk of Paul Craven

Summer is rapidly approaching, and we have the weather and activities at the Club to prove it! This is an exciting time of year as we gear up for summer camps and swim team while seeing high levels of activities around the Clubhouse. Making it even more exciting are the ongoing projects around the Club, as many areas have been under construction recently.

Last week you may have seen updates involving some concrete work. The second and final pour took place on Thursday for the raised deck at the pool. Together with the earlier deck expansion around the palm trees, this will add even more space around the pool. New furniture for the raised deck is expected in May. We'll wait a week or so for curing before applying a textured finish,



then repaint the whole pool deck with additional aggregate to improve the safety around the pool.

We have also finished the curbing work in the parking lot so we can proceed with the repaving of the parking lot scheduled for May. A complete planned schedule is available on the back cover of this newsletter, and it should be complete before Memorial Day. We will also be clearing some trees in the vacant area near the Club entrance often used for overflow parking. This clearance will provide much needed additional parking on a short-term basis at minimal cost. In conjunction with this tree removal we will also be taking down the two remaining pine trees directly behind the Clubhouse. They have become so big in recent years that they pose a danger to the Clubhouse and major safety concern.

From a financial perspective, the Club has had a solid first quarter performance. The quarterly financial report with full details will be included in the statements and available on the Club website.

The buzz that The Players Championship brings about Jacksonville also brings a buzz to the Club as we all seem to have golf on the brain! Our course is in great condition right now so our members and guests should have a very enjoyable experience. Thanks to Greg Tharp and team for getting us through a rough winter and keeping us updated on the progress. If you haven't already downloaded the Club app, make sure you do so as Greg posts his updates there too. The course will be closed for aerification the week following The Players (closed May 16-23), so contact the Pro Shop if you would like details for arrangements to golf at other Clubs during our course closure.

Have you had a chance to visit the online pro shop yet? We're continuing our 20% off discount code for members throughout the month of May. There are some great options for gifts for Mother's Day and Father's Day – take advantage of the savings with code **jgcc20**.

Beginning in May, we will offer a weekly Tuesday dinner special to expand on the success of the early bird dining we were previously offering twice monthly. Featured entrees will be specially priced and available all evening long! We hope to see you up at the Club for some of your favorites! You can find the special for each Tuesday on page 6.

Looking through the newsletter, there are lots of great events coming up. Hope to see you at some of them!

Paul Craven

THANK YOU!!

On behalf of the Golf Course Maintenance staff, we would like to extend a very large Thank You to the membership here at Jacksonville Golf and Country Club. The heartfelt efforts of the many that helped to organize and contribute to the fund for Terry Baldwin's medical expenses was truly an extraordinary and successful response to the family's needs. It makes us feel very fortunate and proud to be a part of the JGCC family.

Terry was a key member of our staff for 12 years. We were very fortunate to have been able to have a person of his stature on our staff and enjoy his company. Terry passed on April the 3rd at home. The service was held on Saturday the 9th, at St. Paul's Catholic Church. Terry's family made mention of how grateful that they are for the loving support that JGCC provided, and Terry's love for the Club and the love for those that he worked with, was mentioned several times during the service.

> Forever Grateful, Greg Tharp





Sunday, May 8th, 11am-2pm

Celebrate that special lady in your life! Treat her to a delectable buffet for Mother's Day!

Menu:

Assorted Spring Salads

Fresh Fruit Display
Assorted Breakfast Breads & Pastries
Wild Mushroom Omelets with Boursin Cheese
Sausage & Kale Egg Strata
Belgian Waffle Station
Carved Herb Cured Turkey Breast
Carved Prime Rib with Horseradish & Au Jus
Flounder Française

Potato-Cheddar Perogies with caramelized onions and dill

Sautéed Spring Vegetables
Herb Roasted Fingerling Potatoes
Macaroni & Cheese & Chicken Tenders
Grand Dessert Display

Adults - \$32.95, Kids (5-11) - \$16.50, and Kids (3-4) - \$8.25 Please call 223-5555 for reservations.

(We will have a craft table available for the kids from llam-2pm/
 ** Please note: the Upper Estate will close after Brunch. **



Hours of Operation: Club Administration 223-5555 Mon-Fri: 9am-5pm

Casual Dining Room 493-3124

Mon: Closed Tues-Thurs: 11:30am-9pm Fri:11:30am-11pm (food service until 10pm) Sat-Sun:11:30am-8pm

Mulligan's 493-3141

Mon: Closed Tues:11:30am-2pm Wed-Thurs:11:30am-10pm (food service until 9pm) Fri:11:30am-11pm (food service until 10pm) Sat-Sun:11:30am-2pm

> The Down Under 493-3144 Mon-Tues: Closed Wed-Sun:7am-3pm

> Golf Pro Shop 223-6910 Tues-Sun: 7am-7pm

Tennis Pro Shop 223-3737 Tues-Fri: 8:30am-7pm

(closed each day from 1-3pm) Sat: 8:30am-5pm Sun: 12pm-5pm

> Fitness Center 223-9020

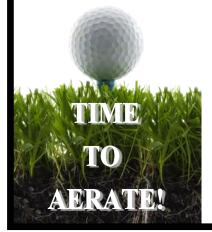
Mon-Fri: 5am-9:30pm Sat: 6am-7pm Sun: 6am-7pm

Kids' Clubhouse 493-3119 223-9400 (Sarah) Mon-Sat: 8:30am-1pm Tues-Thurs: 5:30-8:30pm Fri: 6-10pm Sun: Closed

Pool 223-9400 Open daily: Dawn-Dusk NEW! Snack Bar 493-3149 Fri: 3-7pm Sat-Sun: 11am-7pm

Notes from the Pro: Ray Bann

- The more success we have in repairing **ALL BALL MARKS** and filling **ALL DIVOTS** keeps our course in beautiful condition for everyone!
- Please keep ALL 4 TIRES on the concrete at all times around all greens & tees. The constant wear of the grass is starting to show!
- Back Range practice is encouraged for those working on their swings. The back range tee is now being set up each day with den caddies of balls and guide ropes. <u>Please do not take any caddies or range balls off property!</u> Removing the caddies and balls limits availability for the entire membership.
- Members are reminded to please <u>include all names</u> when booking your online tee times. Also, if you need to make changes or cancel your tee time, please do so 24 hours prior to your scheduled time to give other members the opportunity to book their time or fill in an open slot.



GOLF COURSE & ALL PRACTICE FACILITIES CLOSED MONDAY, MAY 16TH-MONDAY, MAY 23RD!!

The golf course and all practice facilities will be CLOSED for wall-to-wall aeration Monday-Monday. The golf professional staff will be available for merchandise sales and to arrange golf play at alternative venues between the hours of 8am-4pm, Tuesday, May 17th-Sunday, May 22nd. Please call 223-6910 with the names of your group if you have any desire to travel for golf during the time we are closed. We will do our very best to honor your requests. The list of available courses are published in the Golf Shop. The list may also include more courses as they become available. Thank you for your support and understanding as Golf Course Maintenance is allowed this opportunity to minimize the disruption of course conditions to our membership and maintain our beautiful facility.



LGA NEWS AND HIGHLIGHTS

May has just three play days so please sign up to play! May 3rd, 10th and closing day on May 24th. Closing day is always a special day, and Caryn Kasik and Shirley Booker are planning some surprises for us so don't miss it. If you can't play, please join us for the lunch and closing meeting and awards. We want to thank our board members for their service this year and also congratulate them volunteering for another year. The nominations for the 2016-2017 Board are: Debra McDermott, President; Rosa DuBose, Vice President; Millie Lopez, Secretary and Mary Rice, Treasurer.

Summer Team Play begins May 31st this year! Mary Rice and Jane Annunziata, our Summer Team Captain and Co-Captain, say "We want the area trophy to stay right here in the JGCC trophy case, and we'd like to put the overall trophy right next to it this year!"

Picture Captions: (Top) - **2016 President's Cup Winner:** Joan Harris; 2nd place Sylvia Roberts and 3rd place Kay Lemmon! (Bottom) - **2016 Member-Member Winners**: Caryn Kasik and Adrienne Whitman!

Golfing Achievements

PERSONAL BESTS:

4/12 - Joan Harris had a great first round in the opening of the Ladies President's Cup event. She recorded a nice score of net 68. Especially notable, she made a par 3 the tough way on hole #17. After a water ball tee shot, Joan holed her 3rd shot from the drop zone for par. How fun!

4/13 - Rod Fullerton was showing off again by beating his age with a great round of 78. His round included 2 birdies and gave him a net 64! Way to blow out the score and dust off another score in the 70's!

EAGLES:

3/30 - Mark Caliel has been taking dead aim at the flags as of late. He recently holed out for the 3rd time in 2016, this one coming on hole #2. His "eagle 2" earned him a quick 6 points during the afternoon Men's E-9 game. Congratulations!

HOLES-IN-ONE:

4/10 - Mike Zalewa recorded a very nice ace on hole #17. This was his 1st hole-in-one of his many days playing golf. He holed a 6-iron from 173 yards, one he will always remember! Jim Matese and Pat McGarry witnessed the shot.

Junion Golf Updates

The PGA Junior League Team is set and ready for the season! The growth and popularity of the league continues to grow with our Junior Golf Program! We were hopeful to field two teams this year; however, we didn't have enough players for two full teams. We will have 16 Jr. League golfers for the Spring Season! Match dates have been set and the juniors have all been practicing their games. Good luck and have fun!



TPC WEEK REMINDER!!

During the week of May 9th-15th the following golf schedule and availability apply:

- * Tuesday & Wednesday regular tee times
 - * Sunday regular weekend double-tee
- * Thursday-Saturday 8am and 1pm shotgun starts
- * Approved small private outings Thursday-Saturday may cause limited availability
 - * Golf category members are reminded to make your advanced tee times 7 days in advance
- * Weekday members may arrange for times 3 days in advance
- Social & Tennis members may make 2-day advance reservations

Memorial Day Reminder! Monday, May 30th

The Golf Course & Pro Shop will be open for member use in celebration of Memorial Day on Monday, May 30th! Golf will offer double tee starts, as we do on the weekend, with starting times from 8-9:48am & 12:15-1:30pm. The Golf Staff will offer a \$10 cash Gross & Net Skins Game in the morning for all that wish to participate. Scorecards must be returned by 2pm to qualify.

The Golf Shop will close at 3pm; however, the driving range will remain open until 6pm. The Golf Course & Pro Shop will be closed on Tuesday, May 31st.

9-HOLERS NEWS AND UPDATES!

We have enjoyed a fabulous month of golf in April! We hosted our famous Hawaiian Luau Interclub, where more than 50 ladies from across the city came to enjoy our golf course and our Hawaiian hospitality. Many went home with prizes from the day: raffled goody bags, Hibiscus plants for those who had 'the most fun' and cash prizes for the top 2 winning teams. Congrats to Courtney Barclay's team for coming in 2nd place and Deb Langdon's team for coming in first place!! Way to go ladies!

~ May 5th will be final interclub event for the 2015-2016 9-hole calendar, being held at Eagle Harbor Golf Club.

~ May 26th will be our last day of 9-hole golf for the season. Please come out for our 9am shotgun start each Thursday and lunch at the Club at 11:30am!



Upcoming Events

5/4, 11 & 25 - Emergency 9 will play each Wednesday at 6pm.

5/24 - LGA 18-Holers "Closing Day": This is the closing day golf and luncheon for the season. During the summer there will be no organized ladies play days on Tuesdays.

5/26 - **9-Holers "Closing Day"**: This is the closing day and luncheon for our 9-hole group of lady golfers. There will be no organized play days on Thursdays for the summer. **Note:** All of our ladies are encouraged to continue playing golf during the summer as you continue to grow your games! Tee times will be reserved on Tuesdays & Thursdays for those who want to play. Also, the 18-hole "Summer League" begins in June.

5/26 - Ladies E-3 Kicks off at 6pm for some wine and fun over 3 holes of golf. The professional staff will start the evening with a 15-minute clinic followed by a shotgun start for three holes. Sign up in the Golf Shop during the week leading up to the E-3.

5/7, 28 - Men's Lottery Golf each of these Saturdays. The entry fee is \$10 and will alternate between individual and team formats with Stableford Points.



Tuesday Night Entree Special Tuesdays in May

May 3rd: Spaghetti Bolognese with Garlic Bread and Vegetable Du Jour

May 10th: Pan Seared Salmon Cakes with Rice Pilaf, Caper Aioli and Vegetable Du Jour

May 17th: Fried Chicken with Mashed Potatoes, Vegetable Du Jour, and Corn Bread

May 24th: Eggplant Parmesan over Angel Hair Pasta with Vegetable Du Jour

May 31st: Upper Estate Closed \$12.95 per person includes choice of soup or salad. We will also have the regular dinner menu available these evenings.

Please call 223-5555 for reservations.



Ladies Night: Denby Hat Making Panty! Tuesday, May 3rd, 6-7:30pm

Ladies, get your fashion hats ready for the Kentucky Derby! Bring your own hat or use one of ours; we will provide all of the supplies you need to decorate!

\$25 per person includes the supplies, hors d'oeuvres, and one specialty cocktail!

Join us for our Kentucky Derby Party on Saturday, May 7th, and show off your hats! We will have a best hat and best dressed contest. More details below.

Sign up online for Ladies Night or call Laura at 493-3111. Please let Sarah know if you need childcare by signing up online or calling her at 223-9400.



Cinco De Mayo Buffet! Thursday, May 5th, at 6pm

You'll need a siesta after our sizzlin' hot FIESTA! Join us for a Cinco De Mayo Buffet, Margarita specials, and Beer Specials!

> Menu: ~ Mexican Inspired Salads ~ Chips & Salsa Bar ~ Carnitas and Fish Tacos ~ Shrimp Vera Cruz with Acapulco Rice ~ Black Beans & Rice ~ Mexican Street Corn ~ Chicken Enchiladas Verde

Adults - \$15.95, Kids (5-11) - \$7.95 (3-4) - \$3.95 Please call 223-5555 for reservations.

Live Music Fridays

May 6th: TBD 7-10pm May 13th: Samuel Sanders Duo 7-10pm May 20th: Open Mic Night 8-11pm May 27th: Jaime Santana 7-10pm

Enjoy Chef's Specials for dinner! Please call 223-5555 for reservations.



Kentucky Denby Panty! Saturday, May 7th, at 4:30pm

Hold Your Horses and join us for a Kentucky Derby Viewing Party!! Get ready to place bets on your favorites in our Derby Pool!

We will have a Derby inspired buffet from 5-7pm, Mint Julep and Black Eyed Susan Cocktail specials, and beer specials!

Menu:

~ Variety of prepared salads ~ Hot Brown Sandwiches ~ Benedictine & Pimento Cheese Finger Sandwiches ~ BBQ Lamb Sliders ~ Shrimp & Garlic Cheese Grits Casserole ~ Kentucky Country Ham Salad and biscuits Poof Tanderlain with Hamy Baing Sauge

~ Beef Tenderloin with Henry Baine Sauce ~ Assorted Derby inspired desserts

Also, best hat contest and best dressed contest!!

Adults - \$14.95 & Kids - \$7.95

Please call 223-5555 for reservations.



Vintnens Club Friday, May 20th, 7-9pm

Sign up online or call Adam at 493-3135 to RSVP.

Beers of the Month

Intuition I-10 IPA - \$3 all day, every day

Sweetwater 420 (we now have cans for the course!) - \$3 cans beverage cart only

Wine of the Month

The Whip - White Blend Livermore Valley \$9/glass & \$33/bottle

Cocktails of the Month

~ Sweet Tea Cocktail with Fresh Lemon & Mint - \$6

~ 3 Olives Cran-Apple-Pear Martini served up or on the rocks - \$7



A Look Ahead!

Tuesdays, June 7th & 21st: Early Bird Dinner Specials

Friday, June 10th: Who Rescued Who & Specialty Themed Dining

Sunday, June 19th: Father's Day Brunch

New Houns for Down Under & Snack Bar!

The Snack Bar will be open Friday (3-7pm), Saturday and Sunday (11am-7pm) in May with summer hours beginning through and after Memorial Day weekend! Note: the Snack Bar

will be closed on Tuesday, May 31st. The Down Under hours will expand to Tuesday-Sunday beginning the first week in June!

Travel ROUND TABLE:

ANTARCTICA & AFRICAN ISLANDS

TUESDAY, MAY 17TH, AT 3:30PM

Join member Mr. Donald Dymer as he shares his experience traveling to Antarctica and The African Islands!

This event is FREE! Stay for dinner and enjoy our Tuesday Night Entrée Special or an entrée from the regular dinner menu.

> Sign up online for this event or call Sarah at 223-9400.

Memorial Day Weekend Movie at the Pool:



Friday, May 27th, 8:30-10:30pm

Join us for a kick-off to Memorial Day weekend with a movie at the pool! We will be showing Star Wars VII, The Force Awakens.

Please note: we will have a server at the pool for food and drink orders, but the kitchen does close at 9:30pm. Parents choosing to attend with children - this movie is rated PG-13 and is roughly 2 hours long.

This event is FREE! Please sign up online. MAY THE FORCE BE WITH YOU!

Cookout!!

Monday, May 30th, 11:30am-3pm

Join us for a red, white, and blue BBQ! Live Music! Food! Drink Specials! Family Cardboard Boat Contest! Prizes! The buffet will be available indoors and outdoors from 11:30am-2pm.

Work together to create a boat from cardboard and duct tape to enter in our cardboard boat contest! Each family will receive two cardboard boxes, an inner tube, PVC pipe, one roll of duct tape, two bungee cords, and a razor to cut the cardboard. Everyone will have one hour to build their boat. Sarah will have a fun activity planned to determine the winner, and we will have a prize for the winning family!! When making your reservation, please let us know if your family would like to participate.

Adults - \$15.95, Kids (5-11) - \$7.95, and Kids (3-4) - \$3.95 ~ Please call 223-5555 for reservations. ** Seating at the pool is first-come, first-served. Tables at the pool cannot be saved prior to 9am. After 9am you may save a table, but you must be present to hold your table. Any belongings that are left without a body present will be taken to lost and found. **

Dining Hours for Monday, May 30th: The Down Under is open from 7am-3pm; Buffet available until 2pm and Beverage Service until 5pm; the Upper Estate will close after the Memorial Day Party.

Dining Hours for Tuesday, May 31st: The Down Under, Snack Bar, and Upper Estate are closed!

RITA TOURNAMENT RESULTS!

Congrats to everyone who played in the RITA! It was a great weekend and over \$10,000 was raised for breast cancer research. Thank you! Congrats to Jax Golf winners:



A45 South Julie Hoffman & Susan Chiang



A Open South Malou Howland & Liz Wohlwend



B45 West Maggie Rizzo & Margaret Kuehn



C45 West Catherine Evans & Laura Miniotis



C Open North Heather Olson & Karen Green



Thursday, May 5th, at 6:30-9pm

All levels of play are encouraged to come out for a fun evening of tennis, coronas, margaritas, and delicious Mexican food!



Please sign up on courtside. Cost is \$30 per person.

Let Sarah know if you need childcare - sign up online for the Kids' Quesadilla Party.

Firehouse Men's Doubles Tennis Tournament! Friday, May 20th-Sunday, May 22nd

We are the host for the best men's tournament in North Florida. Play begins Friday morning and continues through Sunday. All members and their families are encouraged to come out for the Family Fun Day on Saturday, May 21st. There will be face painting, a bounce house and food from Mojo Kitchen.

There is also a professional draw with some of the top young pros in the world playing for \$12,500 in prize money. The other divisions offered are: Super Senior (60 and over), Senior (50 and over), Men's A, B and C. All men interested in playing should go to FirehouseSubs.com/Tennis and register.



Tennis Summer Camps at JGCC!



Don't forget to sign your child up for Summer Tennis Camps!! Sign up online through the Jax Golf website.

Tuesday-Friday - June 7th-August 12th - 9am-1pm

\$180/session for ages 5+

Visit the App or Website to view the Summer Survival Guide for more details or call Sarah at 223-9400.

****** The Tennis Pro Shop will be CLOSED on Monday, May 30th, for Memorial Day. We will resume normal business hours of 8:30am-7pm on Tuesday, May 31st! ******

May Spa Specials!

~ One-Hour European Facial for \$60: cleanse, exfoliate, facial massage, mask, moisturize using Paraben Free Image Products

~ Ninety-Minute Facial and Massage Combo for \$80: one hour facial, thirty-minute back massage

~ One-Hour Swedish Massage for \$60

All services include a Grapeseed Oil Scalp Massage upon request. Specials provided Monday-Friday. Call 223-9020 to book. Also, 20% off Swedish & Deep Tissue Massages with Kim Tullis on Saturday, May 14th, from 10am-3pm!!

> Spoil Mom this Mother's Day!! Give her the gift of relaxation! • Call the Fitness Desk today and ask about Gift Cards!

TEEN STRENGTH & CONDITIONING STARTING IN JUNE! SIGN UP TODAY!



INTRO TO STRENGTH AND DEVELOPMENT WITH PROGRESSIVE WEIGHT TRAINING & CONDITIONING!

9-WEEK SUMMER PROGRAM: MONDAY & WEDNESDAY EVENINGS 8-9PM

> ALL MALES AGES 14 & UP LIMITED SPACE AVAILABLE \$245 OR \$35 PER WEEK

CONTACT DAN AT 610-2330 OR AT DGRIMES.TRAINER@GMAIL.COM.



MIKE TEIFER PERSONAL TRAINING SPECIAL!

BUY A CUSTOM TRACK TRAINING PACKAGE OF 4 AND GET ONE ADDITIONAL SESSION FOR FREE!



DON'T MISS THIS OPPORTUNITY TO HAVE A CUSTOMIZED PROGRAM CREATED BASED ON YOUR OWN INDIVIDUAL PERSONAL TRAINING GOALS AND FITNESS LEVEL. YOUR CUSTOMIZED PROGRAM WILL ENCOMPASS THE USE OF THE ENTIRE FITNESS CENTER AND HAS THE ABILITY TO UTILIZE ALL OF OUR FITNESS EQUIPMENT AS WELL AS A VARIETY OF OTHER HIGH INTENSITY EXERCISES. CALL MIKE AT 545-9191 TO SET UP YOUR CUSTOMIZED PROGRAM NOW! A special thanks to all who participated in JGCC's ist Triathlon!

Triathlon Results!



Picture:

Matt Ringler finished First in his age group with a 56:11.7 Finish Time.

Rob Greene finished Third in his age group with a 59:19.3 Finish Time.

Congrats!!



Memorial Day Fitness Hours! The Fitness Center will be open from 6am-4pm on Monday. May 3oth. for Memorial Day! We will resume normal business hours of 5am-9:30pm on Tuesday. May 31st.





















View more photos from Club events on the photo gallery on our website!



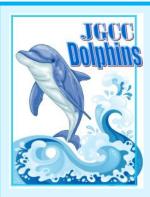












Swimming & Pool Notes!

~ We will have a lifeguard scheduled at the pool every weekend 11am-7pm starting in May and full time after Memorial Day. Please see insert for a reminder on pool rules as we head into summer!

~ Adult Swim - Adult swimmers: Would anyone be interested in getting together with other swimmers once or twice a week to swim together? 5 pool lanes can be available after swim practices (6-7pm) and can be open for adult swim. If you are interested, please reach out to Sarah with days that would be best and we will try to start something up in June!

Swim Team Practices Start Monday, May 2nd!

Practice Schedule:

May 2nd-June 10th: Monday & Wednesday 5-6pm (9 & older) Tuesday & Thursday 5-6pm (8 & younger) Friday 5-6pm (All Ages) It's not too late to join the team! Contact Sarah for more information or to register your swimmer! *** Please note: the pool will be CLOSED during Swim Team Practice! Also, the Pool will be closed starting at 5pm on Wednesday, May 25th for a Mock Swim Meet! ***

Pre-Season Swim Team Party & Auction - Wednesday, May 18th, 5-7pm!

Join the rest of the team with a fun party as a way to kick off the season! We will have a buffet available for the entire family. Silent auction items will be posted 6-7:30pm as well as a LIVE auction starting at 6:30pm!! Enjoy swimming, races and water games for all! Be sure not to miss this fun time with fellow Dolphin families! Please RSVP by Friday, May 6th!

Kids' Day Camp! Monday, May 2nd, 8:30am-1pm

Kids will enjoy games, crafts, and playing with friends on a day off of school! With the proper paperwork and arrangements parents are permitted to be off property for this day of camp.

Regular Kids' Club rates apply (\$6/child and \$4.50 siblings). Sign up online or call Sarah at 223-9400 to RSVP.



Cinco De Mayo Kids' Quesadilla Party!

Thursday, May 5th, 6:30-9pm

While parents are attending the Tennis Cinco De Mayo Social, kids can enjoy games and fun together in the Kids' Clubhouse Cinco De Mayo style! Cheese Quesadilla dinner provided.

\$15/child & \$10/siblings

Sign up online for this event!

Family Fun Day - Firehouse Subs! Saturday, May 21st, 9am-4pm

JGCC residents are invited to come out on Saturday for the family fun day for the Firehouse Subs Tennis Tournament! We will have face painting, bounce houses and tons of fun!!



We are also looking for a few teen volunteers to help out on Saturday from 9am-6pm to earn school service hours so please let Sarah know if you are interested by calling her at 223-9400.

Kids' Art Night! Tuesday, May 24th, 5-7pm

Join Ms. Nicole and learn how to paint a self portrait based on "The Scream" by Edvard Munch!

\$20 per person includes pizza dinner.

Sign up online for this event. When making your reservation, please select the type of pizza your child would like.



*** Providence Schools have half days May 23rd-26th, please let Sarah know if you need extra kids care coverage! Also, the Kids' Club is CLOSED on Monday, May 30th, for Memorial Day. We will resume normal business hours of 8:30am-1pm & 5:30-8:30pm on Tuesday, May 31st. ***

Golf Tournament Results!

April 9th: MGA 3-Tee/3 Best Ball Scoring - The event rotated tees from the Champion, Silver & Jade Markers. Scoring was a combined 3 best balls NET per hole. The event created a variety of challenges for some playing shorter holes and some playing longer holes than normal. Congratulations to all of the winners!

1st Place: Phil Caruso, Randy Hackney, Rich Shafer, and Rodney Mathis 2nd Place: Rob Rice, Scott Glazier, Scott Morgan, and Matt Jones 3rd Place: Mark Caliel, Robert Stewart, Daniel Schwarz, and Pat Cassidy

Close to Pin Proximity Winners - #3 Ron Reed - 6' #6 Scott Glazier - 2' #12 Craig Honour - 17' 6" #17 - Tom Gibson - 7' 10" Ultimate Shootout Qualifier - Long Putt: Rich Shafer - 1"

April 16th-17th: 1st Annual Atlantic Beach (Meeker) Invitational was won by our own **JP Pearce**. The conditions were very testy with 20-30 mph winds for two days. **JP shot 68-79** for a two-stroke Victory. **John Lobb** had a 6th place finish with 79-74 and **Pat Cruz** recorded an 8th place finish shooting 79-78. Great playing by our members and way to represent the Club!!

Parking Lot Paving Notification!

Beginning on Monday, May 9th, paving of the Club parking lot will commence. The schedule is below:

~ Tennis parking lot closed the week of May 9th

~ Golf parking lot closed May 15th through May 19th

~ Driveway and circle closed May 23rd and 24th

** PLEASE NOTE THE FOLLOWING **

The paving schedule is contingent upon weather and may change relative to the forecast and anticipated weather conditions. At least one half of the main drive to the Club will be available for in & out traffic. Additional directions and signage will be at the Club to best accommodate traffic and parking.