#### Established 1989

Sat Aug 1 Golf Lottery Tues Aug 4 Early Bird Dinner Specials Senior Social: Rio De Janeiro Wed Aug 5 Karate resumes End-of-the-Year Swim Team Banquet Fri Aug 7 Chef's Specials and Live Music by Sam Sanders Sat Aug 8 Golf Lottery Cardboard Boat Contest Couples Nine and Dine Sun Aug 9 Presidents Cup Round II Deadline Thurs Aug 13 E-3 Young Executive Social: Battle of the Sexes Fri Aug 14 Chef's Specials and Live Music by Darren Corlew Sat Aug 15 Casual Dining Room closed for lunch service MGA Event Club Challenge vs. San Jose CC Sun Aug 16 Sunday Brunch Mon Aug 17 Ladies Tennis Team Practices begin Tues Aug 18 Early Bird Dinner Specials Wed Aug 19 Family Night: Tennis Event Thurs Aug 20 Couples Nine and Dine Fri Aug 21 Chef's Specials and Open Mic Night Sat Aug 22 Golf Lottery Pacific NW Wine Dinner Sun Aug 23 Back-to-School Party Tues Aug 25 Junior Tennis Clinics begin Ladies Night: Mosaics Class Wed Aug 26 New Member Social Yappy Hour Thurs Aug 27 Adult Bar closed for dinner service E-3 Fri Aug 28 New Menus and Live Music by Dustin Bradley Sat Aug 29 Senior Club Champs 10+ Minute to Win It Sun Aug 30 Senior Club Champs Mon Aug 31 Private Golf Outing Golf Gunfight every Sunday

Men's E-9 every Wednesday Men's Open Play each Wed/Fri Adult Swim every Thursday White Tablecloth each Wednesday Member Appreciation Thursdays Extended Happy Hour Tues-Thurs



## Membership News and Happenings AUGUST 2015



## **DINING RESERVATIONS REMINDER:**

To best prepare for our evening dinner service, we do encourage your help by making reservations for any evening you intend on joining us.

Thank you in advance for your support continuing to grow our operations!

### WWW.JAXGCC.COM

#### MANAGEMENT TEAM

Paul Craven General Manager

Adam Abbott Clubhouse Manager

Ray Barr Head Golf Professional

Sarah Bordwell Youth & Aquatics Director

Laura Bowman Membership Director

Mick Childers Director of Facility Maintenance

**Bill Gist** Director of Tennis

Clarece Johnson Spa/Fitness Manager

**Carrie Mengerink** Director of Catering Sales

Tina Nardi Accounts Receivable

Jackie Pawlick Human Resources Director

Mike Ramsey Executive Chef

Kim Shepherd Chief Financial Officer

**Greg Tharp** Golf Course Superintendent

Gus Treyz Head Tennis Professional

#### **BOARD OF GOVERNORS**

**Rich Shafer, President** Strategic Planning/Marketing & Comm.

Rodney Mathis, Vice President Human Resources/Golf

**Rob Schleiter, Treasurer** Finance

Malou Howland, Secretary House & Adult Social/Aquatics & Youth

Joby Birr Fitness/By-laws

Susan Dienes Membership

Bill Gesdorf Greens

Stephanie Harris Tennis

**Bob Shryock** Property & Bldg. Maintenance

# From the Desk of Paul Craven

It may be hot and may be humid, but that hasn't stopped the ongoing activity at the Club this summer. The summer camps and tennis and golf programs have been packed and the adults have been holding their own on the golf course, tennis courts and in dining rooms! It's been a fantastic summer! Thanks for your continual support of the Club.

In your end-of-month statement you'll see the summary of the Club's financial performance for the first half of the year. We've had a solid start. Revenues are up, and we are ahead of budget from an overall performance stand-point. Our membership count since the start of the year is up by eight members through June, and there are another 17 participating in our six-month trial membership program. Initiation fees are also nicely ahead of budget. There's no reason to think our second half of the year won't be as good or better, compared to budget, than the first.



One thing that should help us in this second half is the upcoming closure to the golf course at Plantation at Ponte Vedra Beach. In preparation for this twelve month renovation, Plantation reached out to a number of clubs in the area (many of whom offered group rates and temporary memberships). We have picked up a handful of Plantation members from both a group and temporary membership perspective. Those who have already played the course speak very highly of it and have expressed excitement at the opportunity to play here and interact with our membership.

At the July Board meeting, discussion continued to focus on our actions in regard to facility enhancements based on the results of the 2014 Strategic Survey. A town hall meeting will be announced soon so that we can share the plans in regards to fitness expansion, improvements to the short game practice area of our golf course, and ideas generated to further improve the pool area and our deteriorating parking situation. The discussion will focus on priorities, a timetable, and the funding mechanism for these projects.

Also at the board meeting, the board again approved limited early morning use of the swimming pool to the Providence High School Swim team, a number of whom are Club members' children. A delay in construction of their new pool has necessitated such a request. As with last year, this again helps out a school in need for about two months.

Lastly, many of the members have been very gracious and very supportive in helping provide funds to the daughter of the Club's Executive Housekeeper, Katrice Griffin. On her behalf thank you so much for the kindness and generosity you have always shown to those most in need. This truly is an amazing community.

See you around the Club.

Paul Craven

28178

Welcome New Members!

Tim Beck Howard Brazinsky and Kim Montemorra *Taylor (14)* Clayton and Angela Brewer *Clay (19), Catherine (14) & Carson (10)* Robert and Jada Davies *Brant (10) & Marcus (8 months)* Miller Edwards Foster and Corrine Edwards *David (1)* Eric and Mary Farr

Eric and Mary Farr Katie (10) & Emily (8) Logan Fitzgerald and Karla Fortunato Oliver (4) Ryan and Lara Mattina Luke (4), Zoe (1) & Maia (1)

Susan Setina Ryan Soule and Ashley Carey John and Patricia Trevathan

Louis Muldrow and Tracey Waldeck Haley Muldrow (17) & Kailyn Waldeck (17)

> Scott and Mindy Waldron Alyssa (5) & Raelyn (2)

# Pacific Northwest Wine Dinner

Saturday, August 22nd

Arrive at 6:30pm for light hors d' oeuvre and a glass of wine to get the evening started! Enjoy a specialty four-course tasting meal with paired wines featured specifically from the Pacific Northwest region starting at 7pm!

> \$75 per person. Please call 223-5555 for reservations.

\* No Vintners Club in August \*

Summer Camp Photos!



#### **Hours of Operation:**

Club Administration 223-5555 Mon-Fri: 9am-5pm

Casual Dining Room 493-3124

Mon: Closed Tues-Thurs: 11:30am-9pm Fri:11:30am- 11pm (food service until 10pm) Sat-Sun:11:30am-8pm

> Mulligan's 493-3141 Mon: Closed

Tues:11:30am-2pm Wed-Thurs:11:30am-10pm (food service until 9pm) Fri:11:30am–11pm (food service until 10pm) Sat-Sun:11:30am-2pm

> The Down Under 493-3144 Mon: Closed Tues-Sun:7am-3pm

Golf Pro Shop 223-6910 Tues-Sun: 7am-7pm

Tennis Pro Shop 223-3737

Tues-Fri: 8:30am-7pm (closed each day from 1-3pm) Sat: 8:30am-5pm Sun: 12pm-5pm

> Fitness Center 223-9020 Mon-Fri: 5am-8:30pm Sat: 7am-5pm Sun: 8am-4pm

Kids' Clubhouse 493-3119 223-9400 (Sarah) Mon-Sat: 8am-12pm (Tues & Thurs until 1pm) Tues-Thurs: 5pm-8:30pm Fri: 5-10pm Sun: Closed

Pool 223-9400 Open daily: Dawn-Dusk Snack Shop 493-3149 Tues-Sun: 11am-7pm

# Notes from the Pro: Ray Barr

**Club Championship Golf Season** is just around the corner! Men's, Senior Men's and Ladies, and Mr. and Mrs. Championships are 36-Hole Stroke Play events:

- \* Senior Men's Championship: Saturday, August 29th, and Sunday, August 30th
- \* Presidents Cup Men's 2-Man Finals: Saturday, September 19th
- \* Men's and Ladies (Regular and Senior) Championships: Saturday, September 26th, and Sunday, September 27th
- \* Junior Championships: Saturday, October 10th, and Sunday, October 11th
- \* Mr. and Mrs. Championships: Saturday, November 7th, and Sunday, November 8th
- \* Parent/Child Championships: Saturday, November 21st Note: 9 and 18-Hole Divisions

Automated Tee Time Booking continues as our membership gets acquainted booking your own times via your personal computers and/or your smart phones. One adjustment made recently now allows members to book times up to midnight the day prior to play. Always keep in mind The Professional Staff is here to make times for you simply by calling the Golf Shop at 223-6910.

# PRIVATE GOLF CART HANDICAP USERS

The Golf Committee has revised the handicap flag use policy and guidelines when applying for and using a handicap flag during a round of golf. The policy requires a doctor's note for individuals with physical restrictions requesting the use of temporary or permanent handicap flags. This policy was established to allow golfers with physical limitations a set of clear guidelines allowing extended access privileges across cart path return lines established for normal play. The Golf Shop has daily use flags that need to be returned after each round or you may request a permanent flag to be purchased. All handicap flags must be prominently displayed on the golf cart to be recognized by all golfers. If you have not received the new

policy or submitted a medical release to use a handicap flag, please stop by the Golf Shop for assistance.



Congratulations Ray Barr for coming in 1st Place Low Pro with his 68 at the Pro Lady at Windy Harbor Golf Course, Mayport! Kyle DeVries shot an impressive 69! JGCC competed with 2 teams in the Lady Pro Am Event. Ray's team of Caryn Kasik, Debra McDermott and Susie Fonde also placed 2nd place in the team event! Also pictured, Kathy Danberg, Betty White and Mary Rice. Congratulations to all!

### HANDICAP COMMITTEE: "EVERY GOLFER WANTS TO ENJOY A FAIR MATCH"

The message for the month of August addresses: **Posting All Scores Applying ESQ!!** Whether you play a home or an away round of golf, post all scores ... even if you don't think your record will use the score for the next revision period. You are doing yourself a disservice by not posting higher scores that will cycle out and keep your record up-to-date. Besides, it is a rule to follow by posting all rounds, both match and stroke play and 18-hole and 9-hole rounds.

It is also a requirement to apply **Equitable Stroke Control** to all <u>hole scores</u> that exceed the highest score allowable based on handicap. When playing a partial hole, apply the score you were most likely to have made or ESQ, whichever is most appropriate.

# Golfing Achievements

#### **Holes-In-One:**

**7/3 - Logan Presnell,** a guest of Joseph Schmucker, recorded an ACE on Hole #6 during his round as he enjoyed the company of his friend and the play of JGCC. His first ACE using a 6-iron from 153 yards will be one to remember by both players.

7/9 - Wib Finch added to his ACE record by taking care of hole #12 in one shot. His 7-iron from 147 yards this day completed his Ace assault at JGCC. He now has holes-in-one on the first 3 Par 3's ... needing #17 to complete the cycle. His witnesses stated "it was a lucky shot!" 7/16 - Bill Gesdorf made an elusive hole-in-one on the tough hole #12 from 150 yards. His shot using a 5-Rescue was his 3rd ACE at JGCC, 2nd on hole #12 and 7th career ACE. Congrats!

#### **Eagles:**

7/3 - Joel Greene recorded an eagle "3" on hole #8 this day. His approach on the 2nd shot into the green was hit with a Hybrid and a short putt for his 3. Nice shot!

7/23 - Rod Fullerton holed out his approach shot on the 7th hole this round. His shot of 135 yards using a 6-iron was right on target. Another great shot from a seasoned golfer!

#### **Personal Bests:**

7/14 - Jim Trado recorded one of his best rounds in many years! His 1 under par 71 not only broke par, the score beat his age by 12 strokes ... all from the Gold Tees this day. His round included a very consistent 3 birdies/2 bogeys. Jim has tied or beat his age 17 rounds of the last 40 posted in his handicap record ... a great testament to a very good golfer. What a fantastic round!

7/9 - Lisa Brown recorded a rare feat as one of our 9-Hole Lady golfers. She had a long chip-in Birdie on hole #8. Great shot!

Golf Updates

### JUNIOR GOLF UPDATE:



Team picture from our last PGA Junior League match on July 11th!



invitation flyers in the Pro Shop and bulletin boards. The official season of play begins on September 10th with a 9am start time. Of course, rain or shine, we'll meet at the Club for lunch around 11:30am! We will have Cart Buddies for the month of September, mini-clinics with Adam at 8:45am on Thursdays, rotate between front and back nine, and \$50 worth of prize money to win each month, in plenty of different ways, so everyone has a chance to win throughout the year. This is the year to make new friends and join the fabulous sport of Golf. Call Shannon Stanley for more information. Our Junior Golf Camps continue with the final camp dates of August 4th-7th! This will be the fourth Golf Camp offered in 2015 and all have been FULL.

In September we bring back our <u>After School Junior Clinics</u> each Wednesday from 4:30-5:30pm through October and then 4-5pm in November and December.

### **BEGINNING GOLFER AND SHORT-GAME CLINICS!**

The next <u>Beginning Golfer Clinic</u> is scheduled for Saturday, September 5th, from 10-11am! Kick-off with a **FREE 1-Hour Clinic** hosted by Head Professional Ray Barr, along with Assistant Professionals Kyle DeVries and Adam Eiswerth. Come out and support this kickoff to the fall season of golf. The 5-week series will run Saturdays, September 12th, 19th, and 26th, and October 4th and 11th. The clinic fee of \$99 per person covers up to 5 lessons and the kickoff free 1-hour clinic.

Want to learn to be a better chipper of the ball around the green? Sign up for this 5-week clinic offered by Head Professional Ray Barr each <u>Thursday afternoon</u> from **October 22nd -November 20th.** The clinic fee of \$99 per person covers up to five 1-hour short-game lessons offering a variety of shots to help improve your up-and-down percentages. Sign up in the Golf Shop in October and come out and learn more shots around the green that will surely help your scoring!

## 18-Hole Ladies Opening Day - September 1st!

Whether you score in the 70s, 80s, 90s or the 100s, the 18-hole LGA is a place where you'll share in the excitement, frustration and reward of this great game of golf! Each Tuesday during the season, the LGA tees off in a 9am shotgun start and plays either an individual, partner or team handicapped tournament. And much like the JGCC Men's Golf Association, because the events are handicapped, it allows for all levels of players to compete and have fun. And, as a member of the LGA, you'll also have an opportunity to play all year because you will be eligible to play in the JGCC Summer Team Match play tournaments which features 22 to 24 of our area Clubs competing in a 10-week match play series. Please join us on September 1st! Membership forms are available in the Pro Shop!

Summer Team Highlights: JGCC is now in 3rd place in Area 4. This made possible by the spectacular play by the JGCC "Dream Team" who competed against Eagle Harbor on July 14th. The three JGCC teams all won their matches with some brilliant play against Eagle Harbor's equally outstanding play. Kudos to Susie Fonde who shot a 69 on her own ball during the matches and to the entire team who played to their handicap or better to claim victory.



## **UPCOMING AUGUST EVENTS**

8/15 - MGA "Killer Scramble" Event: Sign up individually, and the computer will create the teams in an ABCD method. Teams will be eligible for team skins and prizes. There is a \$10,000 hole-in-one prize on hole #17; thanks to B&C Financial (John Murphy) for sponsoring this prize. He and the MGA would certainly like to see someone make an ACE! The Shootout Bonus, thanks to Bob Burke REMAX Coastal, is a Ladder Putting Contest between #9 & #18 Greens. Stop by the Golf Shop to sign up, call 223-6910 or send an email to: golf@jaxgcc.com. The entry fee is \$40 for MGA members and \$65 for Non-MGA members. MGA members are reminded you are encouraged to bring a guest to play with you for a Member Appreciation green/cart fee and Non-MGA tournament fee.

8/13 & 27 - Ladies Play 3 will continue by popular demand and because it is just fun!! Ladies of all ability or no ability are welcomed and encouraged to come out and have a blast playing 3 holes then meeting upstairs for some food and drinks! Sign up with the golf shop by 4:30pm the day of event. You can choose your group to play with or the pros will pair the ladies together. Call 223-6910 or email golf@jaxgcc.com.

**Men's E-9** continues each Wednesday evening at 6pm. Remember to sign up each Wednesday morning beginning at 7am. ABCD parings will be made after the 5pm deadline, and the game will be Team Stableford Points. E-9 will continue through October 14th this year! Don't miss the fun of 9 holes, great camaraderie, and some food and drinks on the veranda afterwards!

8/1, 8, & 22 - Golf Lottery dates for the month of August.

Men's Open Play is scheduled for each Wednesday and Friday of the month with shotgun starts at 8am. Sign up in the golf shop by the close of business the previous day.

8/29 & 30 - Senior & Super Senior Club Championships: The Annual Stroke Play event determines our Senior Club Champions. This is a 36-hole stroke play format. Players may designate Championship and Super Senior Flights (age 65 +) or be flighted by handicap for 1st flight. The Championship and Senior First Flights will play Silver Markers and Super-Senior Flight will play Jade Markers. Sign-up sheets are available in the golf shop. Call 223-6910 or email golf@jaxgcc.com.



## Live Music Fridays

August 7th: Samuel Sanders Duo 7-10pm August 14th: Darren Corlew 7-10pm August 21st: Open Mic Night 8-11pm August 28th: Dustin Bradley 7-10pm (NEW menu selections this evening)

Enjoy Chef's Specials for dinner! Please call 223-5555 for reservations.

Please call Sarah at 223-9400 or e-mail her at sbordwell@jaxgcc.com if you need childcare.

## Club Closures

Saturday, August 15th: The Dining Room will be closed for lunch service. The Adult Bar, Veranda, and Down Under will be open for regular dining.

Thursday, August 27th: The Adult Bar will be closed for dinner service.



Early Bird Dinner Specials Tuesdays, August 4th & 18th 4:30-6pm August 4th

- Fried Chicken with Mashed Potatoes and Gravy and Buttermilk Biscuits - Pork Tenderloin Saltimbocca with Herbed Ditalini - Crab Cakes with Rice Pilaf and Lemon Butter

- Curried Cauliflower "Risotto" with Roasted Vegetables

#### August 18th

Specials will be sent via email blast!

\$12.95 per person includes choice of soup or salad and warm bread.

After 6pm the specials are available for \$15.95 per person.

Please call 223-5555 for reservations.



## Nine and Dine Couples

Saturday, August 8th, and Thursday, August 20th

All players welcome!

The format for both games is to be determined. Sign up in the Golf Pro Shop or by calling 223-6910. Our Golf Pros can also help you find a partner if you need one.

#### \*\* If you are interested in reserving a table in the Dining Room after play. please call 223-5555. \*\*

Please call Sarah at 223-9400 or e-mail her at sbordwell@jaxgcc.com if you need childcare for Thursday, August 20th. If there is a need for Saturday night childcare please let Sarah know (if there is enough interest, Kids' Clubhouse will be open).



#### Sunday Brunch Sunday, August 16th, 9am-1pm

Enjoy all of your breakfast favorites! \$12.95 Adults, \$6.50 children ages 5-11, \$3.25 children ages 3-4

Please call 223-5555 for reservations.

## Beers of the Month

Veterans United Hedgehog Hefeweizen \$3 all day, every day

Beverage Cart: Yuengling Lager Cans - \$2.50

# Wine of the Month Chateau Grande Cassagne Rose - \$7 gls/\$26 btl

## Cocktails of the Month

St. Germain Cocktail - Elderflower Liqueur, White Wine, Club Soda, and Lemon - \$7

It's Whiskey Thyme - Whiskey, Lemonade, Ginger Beer, Fresh Thyme, and Lemon - \$7



Family Night: Tennis

Wednesday, August 19th, 5:30-7:30pm

Join us for a fun night with the Tennis Pros! We will have a buffet dinner for kids and adults, a ball machine, hit for prizes, and other fun games!

Ages 5-11: \$5.95 Ages 3-4: \$2.95 Adults: \$13.95

Please call 223-5555 for reservations.

#### Save the Date! Family Night at the Jacksonville Armada Game! Saturday, October 17th, at 5:45pm

Enjoy a fun night out at the Jacksonville Armada Game! JGCC members will get to hold the American Flag on the field at the game! We need at least 50 participants for this event. Sign up online or by calling Sarah at 223-9400. \$30

per person includes a t-shirt.



#### JGCC Yappy Hour Wednesday, August 26th, 6-7pm

Let's Paw-ty! Bring your furry friends and lap up the fun at Yappy Hour on the Club lawn!

Enjoy \$3 Domestic Beers and 20% off wines by the glass!

Plus some complimentary treats for your pooch!

## A Look Ahead

September 7th: Labor Day Buffet and Pool Party September 11th: Prime Rib Buffet and Trivia Night September 13th: JGCC Tailgate (Panthers at Jags) September 16th: Family Night

# Young Executive Social: Battle Of the sexes

### Thursday, August 13th, at 6pm

You'll never understand them. You might as well defeat them.

Join us for a Battle of the Sexes Game Night including Trivia, Minute-to-Win-It, and more!

\$15 per person includes hors d'oeuvres. Sign up online or call Laura at 493-3111.

If you need childcare, please call or e-mail Sarah at 223-9400 or sbordwell@jaxgcc.com.



## Senior Social: Rio De Janeiro Tuesday, August 4th, at 6:30pm

Join Barbara Stewart as she shares interesting facts about language, traditions, and customs of Rio De Janeiro!

This is a FREE event! Sign up online or call or e-mail Sarah at 223-9400 or sbordwell@jaxgcc.com.

Join us for Early Bird Dinner Specials beforehand! Please call 223-5555 for dinner reservations.



# Ladies Night: Mosaics Class Tuesday, August 25th, at 6:30pm

Explore the fun and creative possibilities of mosaics. Projects you can choose from include sea turtles, mirrors, trivets, candle holders and more. You will learn the basics of mosaics using the direct method. All supplies will be provided including projects, adhesive and over two dozen colors of glass tiles to choose from.

The use of tools, such as tile nippers, will be shown. Projects will be grouted with your choice of color, either white, linen, gray or black and returned within a week of the workshop. At the end of the evening, you will have created your own "indoor use only" mosaic art. No prior mosaic or art experience is necessary.

\$45 per person includes the class, glass tiles and tools. We will have food service available and a member charge bar. <u>Space is limited!</u> Sign up online or call Laura at 493-3111.

If you need childcare, please call or e-mail Sarah at 223-9400 or sbordwell@jaxgcc.com.





# Junior Grand Prix Results

Congratulations to all of our juniors who participated in the Junior Grand Prix that we hosted on July 11th - Harrison Baxter, Naomi Jones, Yoel Piperno, Ashley Mayer, Annie Carbonneau, and Ethan Bathala!

(Pictured, left) Junior Grand Prix Boy's and Girl's 10 and under division

# Club Challenge vs. San Jose Country Club Saturday, August 15th

There may be a few spots left for this popular event with our friends from San Jose. Play begins at 8:30am and we should finish around 2pm. Please check with the Pro Shop if you want to play! Let's bring the CUP home!!

# Ladies Team Practices - Beginning August 17th

Here is the schedule and all signups should be done through courtsideusa.com.

Country Club C1 – Mondays 9am-10:30am Country Club A1/B1 – Mondays 10:30am-12pm Country Club B2 – Tuesdays 9:30am-11am Working Women D – Tuesdays 6:30pm-8pm Country Club D – Wednesdays 9:30am-11am Working Women A3 – Thursdays 6:30pm-8pm Working Women C1 – Wednesdays 6:30pm-8pm





## Junior Tennis Clinics

Beginning the week of August 25th - Here is the schedule:

Future Stars ( ages 6-11) Tuesdays/Thursdays from 4:30pm-5:30pm
Tournament Level ( ages 11-17) Tuesdays/Thursdays from 5:30pm-6:30pm
Pee Wee's (ages 3-5) Wednesdays from 4pm-4:30pm

# New 6-week Adult Beginner Class

Begins Saturday, September 12th, from 9am-10am

This program is designed for those who have played very little tennis (if any) and who want to learn the great sport of tennis. The class will meet on Saturdays from 9am-10am. Cost is \$90 for the 6-week session. Please contact the Tennis Shop to sign up by emailing tennis@jaxgcc.com or by calling 223-3737.

~ Congratulations to Kendall Nash for winning a round in the USTA National 16 and under Clay Court Championship in Virginia Beach, VA! Keep it rolling Kendall!

~ Congratulations to Richa Goel for winning the consolation draw in the recent Deercreek USTA 14 and under division! Great job Richa!

## Triathlon Training starts in August!

Take your SWIM to the next level! Whether you are a beginner or advanced triathlete, or even just considering getting your feet wet! Jimmy Javurek is now available here at the Club for individual 1-hour training sessions. Jimmy is an active participant in IRONMAN 70.3 events, a previous distance Master-Swimming Coach at UNF Aquatics Center, an American Red Cross Certified Swim and Life Guard Instructor, and Founder of the I Am Swimming, local and national Triathlon group.

\$75 per session or \$180 for a package of 3 sessions.

Call the Fitness Desk at 223-9020 or email us at fitness@jaxgcc.com.

# **TRX Classes at JGCC!**

Thursdays, August 6th, 13th, and 27th, at 11am These amazing 30-minute full body workouts will be taught by the local sensation, Jerry Croan. The class is \$10 and is included within the 3-Month Aerobics Plan.



Space is limited so please call the Fitness Desk at 223-9020 or email us at fitness@jaxgcc.com to make your class reservation.

# Tai Chi with Alison on Wednesdays at 6:30pm!

This is a mixture of therapeutic and arthritis tai chi. This class is designed to massage the muscles and body with blood circulation and oxygen. The practice is a combination of tai chi dances which allows you to safely participate with ailments and injuries. It brings focus and breathe to the practice allowing you to mediate in motion. Releasing stress, anxiety, and tension from the body. This class is based on the Arthritis Foundation Tai Chi Program developed by Dr. Paul Lam, which uses gentle Sun-style Tai Chi routines that are safe, easy to learn and suitable for every fitness level. It is aimed to reduce pain and improve mental and physical wellbeing. This class is a full 60 minutes.

~ Tai Chi Testimonial from Peggy Herren: "Experience Tai Chi and enjoy improved sleep and balance and focus. Just a few of the amazing benefits and it's fun and easy to learn."

Please call the Fitness Desk at 223-9020 to sign up.



~ \$80 Ninety-Minute Facial/Massage Treatment with Amy Kruszewski

 ~ \$59 One-Hour Swedish Massage with Amy Kruszewski (Available Monday-Friday only)

~ \$60 One-Hour European Facial with Amy Kruszewski

*Please call 223-9020 to book your well-deserved Spa treatment!* 



# Club Event Photos!







SUNGLASSES DAY AT THE POOL!













FOURTH OF JULY PARTY!



View more photos from these events and other Club events on the Photo Gallery on our website!

# Swim Team Banquet - Wednesday, August 5th, 6-8pm

Join us for dinner, awards, and a slideshow as we celebrate the season! There's no charge for all swimmers on the roster. \$13.95 per person for family of the swimmers. Sign up online or call Sarah at 223-9400 to RSVP.

# Congratulations Dolphins on your second place finish at Champs!



# Swim Lessons

E-mail or call Sarah to book lessons with Coach Morgan. Private Swim Lessons: Individual Class - \$35; Series of Four - \$120; Series of Eight - \$230; Small Group Lessons: Series of Four - \$100

Baby Dolphins

Tuesdays from 4:30-5pm through August 21st (Ages 3-5 \$10/clinic) \*\* Minimum number of participants required \*\*

# North Florida Swimming

NFS Year-Round Swimming is back at JGCC! The philosophy of NFS is to provide age-appropriate training and excellent stroke technique at every level in a safe and fun swimming environment, helping swimmers reach their highest potential. Practices will be Monday-Thursday 4:45-6:45pm. This program is open to members only. Call 223-9400 for more details.

## Cardboard Boat Contest

#### Saturday, August 8th, 10am-12pm

Bring the family out to the pool and work together to create a boat from cardboard and duct tape to enter in our cardboard boat contest! Each family will receive two cardboard boxes, an inner tube, PVC pipe, one roll of duct tape, two bungee cords, and a razor to cut the cardboard. Each family will have one hour to build their boat.



Sarah will have a fun activity planned to determine the winner! Sign up online or call Sarah at 223-9400 or email her at sbordwell@jaxgcc.com.

\$20/per family

## 10+ Minute to Win it

#### Saturday, August 29th, 6-8pm

Join kids your age for a fun game night at the Club (pool activities room)! There will be team minute-to-win-it challenges and dinner included!



\$15/participant (Ages 10 and up)

Sign up online or call Sarah at 223-9400 by Wednesday, August 26th, if you would like to attend.

August Summer Camps

Tennis Camp Dates in August: August 4th-7th, 11th-14th Golf Camp Dates in August: August 4th-7th Tot Camp Dates in August: Tuesdays/Thursdays 9am-12pm (through August 20th) Stellar Camp Dates in August:

Monday - Friday August 3rd-21st

#### Karate resumes on Wednesday, August 5th!

Join Coach Daven to learn many styles of karate including: Judo, Akidd, and Muay Thai every Wednesday!
4-4:45pm Ages 5-7 years, 4:45-5:30pm Ages 8-11 years, 5:30-6:15pm Advanced Class - \$60/month for 4-week sessions. Please call 223-9400 for details.

Back-to-School Party!

#### Sunday, August 23rd, 12-2pm

Join us as we celebrate the end of summer with one last party! This is a **FREE** event filled with popsicles, waterslides, and so much more! Sign up online or call Sarah at 223-9400.



# Tournament Results

7/4: Fourth of July "Flag Day" - The 4th of July celebration occurred on Saturday this year. Nick Shelley won the event with 7 additional shots finishing on hole #2. There were 48 participants. Thank you all for enjoying the day and helping us celebrate the holiday!

1st Place: Nick Shelley 2nd Place: Skip Lunsford 3rd Place: Bill Baxter

7/18: MGA 6-6-6 2-Man Pick Your Team - The event drew 72 MGA Members. The 18 teams of MGA Members seemed to thoroughly enjoy the multiple formats: 2-Man Best Ball Net on Holes 1-6, Modified Alternate Shot on Holes 7-12 and Scramble on holes 13-18.

Flight 1: 1st Place - Phil Caruso and Matt McKown 2nd Place - Justin Jones and Matt Kleinrock 3rd Place - Patrick Cruz and Jeff Landroche

Flight 2: 1st Place - Eric Gettemy and Scott Glazier 2nd Place - Jesse Dreicer and Charlie Remaley 3rd Place - Tom Leddy and Lou Nutter

Flight 3: 1st Place - Joe Flynn and Cliff Stewart2nd Place - Don Cameron and Blake Powers3rd Place - Rick Cannington and Jeff McCall

Closest to the Pin Proximity Winners: #3 Steve White 1'10" #6 Garry Coyle 5' #12 Marty Cohern 2'5" Ultimate Shootout Qualifier: Matt Kleinrock 18.5"

# Member Announcements "Baby Boom"









1.) Hudson Derek Marinatos was born on July 16th to Derek and Brittany Marinatos. He weighed 7 lbs, 8 ozs and was 21 inches long. Everybody is home and doing well!

2.) Miller Renee Jeans was welcomed with lots of love by David, Justine and Mack on May 1st!

3.) CJ Winicki, born July 12th, to parents Christian and Chelsea Winicki and proud big sister, Kiely Winicki!

4.) Meet Tanner Allen, the newest addition to the Greene Family! Born May 7th, 2015, weighing 7 lbs 1 oz, Baby Tag was welcomed by big sister Lila Marie and his parents, Rob and Mitsa.

## DINING RESERVATIONS REMINDER:

To best prepare for our evening dinner service, we do encourage your help by making reservations for any evening you intend on joining us.

Thank you in advance for your support continuing to grow our operations!